



Dear Goddess,

The Feathered Pipe Foundation is pleased to invite you to join us for “Boot Camp for Goddesses®” with Sierra Bender. This fabulous workshop will be held at our sister ranch, The BlackTail Ranch, in Wolf Creek Montana, an 8,000-acre jewel nestled in the Rocky Mountains.

“**Boot Camp for Goddesses®**” with Sierra Bender, August 10-15, 2010, will definitely be a life changing week and one to remember.

Please review your schedule for the week.

Day & Date	Start Time	End Time	Description
Tuesday 08/10/10	7:00 PM	9:30 PM	* Boot Camp for Goddesses opening night (please attend)
Wednesday 08/11/ 10 Thursday 08/12/10	7:00 AM	8:00 AM	Breakfast
	8:00 AM	9:00 AM	Hike
	9:30 AM	12:30 PM	Workshop
	12:30 PM	2:30 PM	Lunch (Spa & Health Services)
	2:30 PM	6:00 PM	Workshop
	6:00 PM	7:30 PM	Dinner (Spa & Health Services)
Friday 08/13/10	7:00 AM	8:00 AM	Breakfast
	8:00 AM	9:00 AM	Hike
	9:30 AM	12:30 PM	Workshop
	12:30 PM	2:30 PM	Lunch (Spa & Health Services)
	2:30 PM	4:30 PM	Workshop
	5:30PM	10:00 PM	Goddess Surprise (please do not book any health services)
Saturday, 08/14/10	7:00 AM	8:00 AM	Breakfast
	8:00 AM	9:00 AM	Hike
	9:30 AM	12:30 PM	Workshop
	12:30 PM	2:30 PM	Lunch (Spa & Health Services)
	2:30 PM	5:00 PM	Workshop
	5:00 PM	9:30 PM	Goddess Surprise (please do not book any health services)
Sunday 08/15/10	7:00 AM	8:00 AM	Breakfast
	8:00 AM	12:00 PM	Closing

The above schedule is subject to change at the discretion of the faculty.

Boot Camp for Goddesses sells out quickly.

We recommend booking your reservation for Boot Camp for Goddesses retreat first with Goddess International Inc. to reserve your spot and accommodations secondary. Keep in mind; room availability is a first come first basis. A \$300 non-refundable deposit is required to hold your choice of accommodation.

Please call the Feathered Pipe to reserve your room at the
Blacktail Ranch 1 406-442-8196

http://www.featheredpipe.com/locations/Blacktail_Ranch.php

We would recommend booking your Spa Services in advance due to your busy schedule. Times fill up quickly. Please only book the times available on your schedule. For reservations contact

1 406 442-8196

Come prepared for laughter, tears, and sweat.

Tuesday night is opening night, please attend.

Please do not forget to bring these items:

- 1) sarong or cotton skirt
- 2) sturdy hiking shoes
- 3) 3 and 5 lb. free weights
- 4) outdoor yoga blanket and yoga mat

Thank you for your participation. Should you have any questions or need additional information, please feel free to call Goddess International Inc @1888 794-3330, email Sierra@SierraBender.com or visit

www.BootCampforGoddesses.com.

Blessings,